



RYA Sailing Course Information



Your course/holiday - Normal joining time for is 17:00 hrs, if you arrive earlier you are welcome to leave your luggage with us, but we would request that you let us continue with the preparation work for your course. We also ask that you are ready to vacate the boat by 09:00. Again we are happy for you to leave your luggage with us.

Transfer - Transfers on a Friday from/to Tenerife South airport are included, but we do ask that you ensure that you book a flight that: arrives between 10:00 and 10:00, and departs after 12:00. We can collect you / take you to Tenerife South airport between 10:00 and 17:30, outside these hours we ask that you arrange a taxi, or catch a bus, to the marina. It takes about 20 minutes to drive to the airport from the marina.

Victuals - Breakfast and lunch on board are included in our fees, as are two evening meals on a normal course week and five evening meals on a milebuilding week. We also include a welcome drink on a Friday evening, and a glass of wine or a beer at the end of the days sailing. Please note you are responsible for the costs of your evening meal ashore.

Drinking water - The water in the Canaries is safe to drink - but we do recommend that you boil it first as it has quite a high mineral content. We also supply bottled water for you to drink.

Welcome Drink - We hold a welcome drink on the Friday evening at 18:30 - another good reason to arrive prior to 18:00!

Fuel & moorings - Fuel and mooring fees are included.

Yacht maintenance - This is also part of your course. The RYA recommends that students fully participate in the yacht's daily maintenance.

The syllabus - The RYA recommended syllabus for your particular course will be followed. As the one week course is 6 days long, instead of the RYAs recommended 5 days, it enables us to have a more flexible approach, and allows us to spend some time swimming, shopping or chatting over a bar. The combined theory and practical course is 12 days long (with a day off to explore on the middle Friday or you can take a 1 day course), which allows us more flexibility as the RYA recommends a total of ten days for the Theory and Practical courses. We recommend some prior study of the relevant RYA course notes.

Bedding & towels - All bedding, bed linen and towels are provided. Please make sure that you let us know if you suffer from allergies as we provide feather pillows and duvets as standard.

Showers - There is a shower in our base marina. Other marinas we visit also have showers, but you may be in a fishing harbour or on an anchor for one or two nights which do not have shore facilities. However, there is a good shower on all our boats.

In the base marina the switch to the water heater is sometimes turned off - remember to make sure it is switched on before you go in! Please let us know if there is a fault with the shower in the base marina so we can report it.

Recommended clothing - The climate in the Canaries is temperate. You are recommended to bring with you shorts and t-shirts, a jumper/cardigan, long jeans/trousers and jumper for the odd cooler evening in the winter months, shoes with non-marking bottoms for use on the boat, swimwear and something for dinners ashore. As the boat has limited storage space a sailing bag / holdall is the most suitable luggage.

Waterproofs - We lend you a shower / wind proof jacket (normally only needed for the sea spray). Please give it back to us on the Thursday evening.

Sun protection – Sun glasses, sun hat and non oily sun cream (without carotene) are a definite must!

Music / DVD – there is a CD on the boat (and a DVD player on Club Class boats), so please bring with you a CD / DVD or 2.

Mobile phone charging – There is a 12v “cigarette” style socket on board the yacht which is live even when sailing, and a 240v socket (Spanish type) for when connected to shore power.

Medication – If you are taking any medication please advise your Instructor on commencement of the course.

Health care – Health care in the Canary Islands is good, but it is a good idea to collect the EHIC form from your local post office or online at www.ehic.org.uk.

Seasickness - It is advisable to bring with you a seasickness remedy if you have suffered in the past. There is a local chemist in the town of Las Galletas – ask your Instructor where it is at the Friday night drink.

Money exchange - Facilities are available at the airport to change Travellers Cheques and Cash, but it is advisable to change sufficient money into Euros prior to your departure from the UK to take care of initial expenses. Please note that your passport will be required for identification. There are also cash machines available in the vicinity of the marinas we visit – ask your Instructor for their location.

RYA Course Notes, Log Books - Can be purchased through your Instructor.

Departure - We will give you an empty box on the Thursday evening – please can you put all the food (including the tea and coffee containers) in it before you leave the yacht.

We would also appreciate it if you could strip your bed, and put the bedding and towels in an empty pillowcase.

Please can you be ready to vacate the boat by 09:00. If you have a later flight and wish to go off for the day we are happy for you to leave your luggage with us.

Please can you complete the “Departure Form” inside your log book so we can plan your transfer to Tenerife South airport. We ask that you book a return flight that leaves after 12:30 so we can take you to the airport on the Friday morning (first departure is at 10:00). If your flight is earlier than this we can order you a taxi – again please ask one of our staff.

One and Two Day Courses – we offer [one day](#) courses on Fridays including: VHF (SRC); First Aid; Diesel Engine; Sails and Splices; and Sea Survival and [two day](#) courses Powerboat level 2; Diving; Helmsman (motor cruising). If you want a particular course please let us know so we can arrange it for you. For the two day courses accommodation can often be arranged, otherwise why not book a later flight?

And finally.... gratuities - There is no requirement to give gratuities to any member of our staff.