



Course Information: Milebuilding



Milebuilding course are designed for those clients who have attained the knowledge level of the RYA Day Skipper course and would like to join us for some more sailing experience while not doing a formal course. These weeks are also designed for those clients who wish to gain some experience of 60+ mile passages towards the requirements for the RYA Yachtmaster exam. There will be opportunities of being either crew or "skipper of the day" under the guidance of one of our Instructors.

Coastal Skipper Practical course summary (sail) (for gaining the course completion certificate)	
Max client / instructor ratio	4 : 1 (note: if a group of clients wish to take the complete yacht for sole use we are licensed to teach up to 5 clients)
Pre-course experience	10 days, 200 miles, 8 night hours
Assumed Knowledge	Boat handling to the standard of the Day Skipper practical sail cruising course and navigation to the standard of the Day Skipper Theory course
Course content	Passage planning, pilotage by day and night, 60 = mile passages
Ability after course	Have the knowledge to undertake longer passages either as crew or as skipper
Minimum duration	5 days

The milebuilding trips take place every 4 weeks - on board one of our larger Club class yachts.

On these bigger boats we can cover the miles more quickly due to the longer yacht having a faster hull speed, and on a more stable platform than on our smaller Bavaria 36.

During the week you will either "go west" or "go east" depending on the weather conditions. Going west you will visit La Gomera, La Palma and often El Hierro and cover approx 350 miles in the week. The trip east covers more miles — going up wind past Gran Canaria, Fuerteventura to Lanzarote—before sailing back overnight to Tenerife. During this week you will expect to cover in excess of 400 miles.